

Eden Life in the Garden

Companion Planting Guide



Let's face it. Some plants just don't play nice with others. (Much like a few people I know. Ahem. Anyway...) On the other hand, some plants have a way of bringing out the best in their neighbors. Here's a quick guide to get you started with the basics. Use the empty space provided below to record your own findings.



Plant	Good Companions	Bad Companions	Comments
Basil	Most garden crops, especially tomato	Rue	Helps repels pests, such as the aphids off the tomato plants; noted for improving the flavor and grow of garden crops, esp. Tomatoes and lettuce. Repels mosquitos
Beans, Bush	Beets, cabbage, carrots, catnip, cauliflower, corn, cucumbers, marigolds, potatoes, savory, strawberries	Fennel, garlic, leeks, onions, shallots, sunflowers	Potatoes and marigolds repel Mexican bean beetles. Catnip repels flea beetles
Beans, Pole	Corn, marigolds, potatoes, radishes	Beets, garlic, kohlrabi, leeks, onions, shallots, sunflowers	Same as for bush beans
Beets	Broccoli, brussels sprouts, bush beans, cabbage, cauliflower, chard, kohlrabi, onions	Charlock, field mustard, pole beans	
Borage	Squash, strawberries, tomatoes		Repels tomato worms. Improves flavor and growth of companions
Broccoli & Brussels Sprouts	Beets, buckwheat, calendula, carrots, chamomile, dill,	strawberries	Marigolds repel cabbage moths. Nasturtiums repel aphids.



	hyssop, marigolds, mints, nasturtiums, onions, rosemary, sage, thyme, wormwood		
Cabbage & Cauliflower	Broccoli, brussels sprouts, celery, chard, spinach, tomatoes	strawberries	Tomatoes and celery repel cabbage worms. Sage also deters cabbage moths
Cantaloupe	corn		
Carrots	Cabbage, chives, early potatoes, leeks, onions, peas, radishes, rosemary, sage, salsify, wormwood		Onions, leeks and wormwood repel carrot flies
Chives	Apples, berries, carrots, grapes, peas, roses, tomatoes		Improves flavor and growth of companions. Deters aphids and Japanese beetles
Corn	Beans, cucumbers, early potatoes, melons, peas, pumpkins, soybeans, squash, spinach		Soybeans deter chinch bugs
Dill	Broccoli, brussels sprouts, cabbage, cauliflower, cucumber, lettuce, onions	carrots	Improves flavor and growth of cabbage family plants (cruciferous vegetables)
Eggplant	Green beans, peppers, Potatoes, tomatoes		green deter Colorado potato beetles



Garlic	Cabbage, cane fruits, fruit trees, roses, tomatoes	Peas, beans	Deters japanese beetles and aphids. A garlic oil spray deters onion flies, aphids, and ermine moths. A garlic tea helps repel late potato blight
Kale	Aromatic herbs, buckwheat, cruciferous vegetables, marigolds, nasturtiums	Pole beans, strawberries	
Kohlrabi	Broccoli, brussels sprouts, celery, chard, spinach	Fennel, pole beans, tomatoes	Kohlrabi stunts tomatoes
Lettuce	Beets, cantaloupe, corn, radishes, strawberries	Cruciferous vegetables	Lettuce tenderizes summer radishes. Grows well in the shadow of corn
Marigolds	All garden crops		Stimulates vegetable growth and deters bean beetles, aphids, potato bugs, squash bugs, nematodes, and maggots, as well as some animal pests
Marjoram	all Garden crops		Stimulates vegetable growth
Nasturtiums	Apples, beans, cruciferous vegetables, Greenhouse crops, potatoes, pumpkins, radishes, squash		Repels aphids (actually lures them away from other plants, potato bugs, squash bugs, striped pumpkin beetles, and Mexican bean beetles; also



			destroys white flies in greenhouses
Onions	Beets, cruciferous vegetables, carrots, chamomile, lettuce, parsnips	Beans and peas	Deters most pests, especially maggots
Oregano	All garden crops		Deters many insects
Parsley	Corn, roses, tomatoes		
Parsnips	Onions, radishes, wormwood		Onions and wormwood help keep root maggots from parsnips
Peas	Beans, carrots, corn, cucumbers, early potatoes, radishes, turnips	Garlic, leeks, onions, parsley, tomatoes	
Peppers	Basil, carrots, eggplant, onions, parsley, tomatoes	Fennel, kohlrabi	
Potatoes	Basil, beans, cruciferous vegetables, corn, eggplant, flax, hemp, marigolds, peas, squash	Apples, birch, cherries, cucumbers, pumpkins, raspberries, sunflowers, tomatoes, walnuts	Hemp deters <i>phytophthora infestans</i> . Basil deters potato beetles. Marigolds dug into crop soil deter nematodes.
Radishes	Chervil, cucumbers, lettuce, melons, peas, nasturtiums, root crops	Hyssop	Radishes deter cucumber beetles. Chervil makes radishes hot. Lettuce helps make



			radishes render. Nasturtiums improve radish flavor.
Rosemary	Beans, cabbage, carrots		Repels bean beetles, cabbage moths, and carrot flies.
Sage	Cruciferous Vegetables, carrots, tomatoes	cucumber	Deters cabbage moths and carrot flies. Invigorates tomato plants
Soybeans	Corn, potatoes		Chokes weeds and enriches soil
Spinach	Celery, cauliflower, eggplant, strawberries, corn		Grows well in the shadow of corn
Strawberries	Borage, bush beans, lettuce, pyrethrum, spinach	Cruciferous vegetables	
Sunflowers	Cucumbers	Potatoes	Can provide a natural trellis and shelter for shade-loving cucumbers
Swiss Chard	Bush Beans, kohlrabi, onions	Pole beans	
Tarragon	All garden crops		Improves vegetable flavor and growth
Thyme	All garden crops		Deters Cabbage Moths



Tomatoes	Asparagus, basil, cruciferous vegetables, carrots, gooseberries, mustard, parsley, onions, rosemary, sage, stinging nettles	Fennel, kohlrabi, potatoes, walnuts	Basil deters aphids. Dill and basil deter hornworms on tomatoes
Turnips & Rutabagas	Peas	Knotweed and mustard	Mustard and knotweed inhibit the growth of turnips and rutabagas